## APRIL 10, 2016 SERMON NOTES The elephant in the room is guilt.

I. Unforgiven guilt has the potential to eat	us alive!	
A. Guilt can be a heavy burden to	·	
B. The Bible speaks of four types of cons	science:	
A conscience, a conscience.	conscience, a	conscience and a
C. People often deal with guilt by:		
1 they had done anythi	ng wrong.	
2. Trying to be a		
3 ourselves to others.		
4. Becoming with their gu	uilt.	
D. Three steps that will help us deal with	omilt	
		11.1. 41
1. Accept the fact that		
2. Accept that God forgets when He		·
3 You must accept yourself as God		