

January 3, 2016 SERMON NOTES
The Healing at Bethesda
John 5:1-10

I. Big question: “Do you want to get well?”

*¹ After these things there was a feast of the Jews, and Jesus went up to Jerusalem. ² Now there is in Jerusalem by the sheep gate a pool, which is called in Hebrew Bethesda, having five porticoes. ³ In these lay a multitude of those who were sick, blind, lame, and withered, [waiting for the moving of the waters; ⁴ for an angel of the Lord went down at certain seasons into the pool and stirred up the water; whoever then first, after the stirring up of the water, stepped in was made well from whatever disease with which he was afflicted.] ⁵ A man was there who had been ill for thirty-eight years. ⁶ When Jesus saw him lying there, and knew that he had already been a long time in that condition, He *said to him, “Do you wish to get well?” ⁷ The sick man answered Him, “Sir, I have no man to put me into the pool when the water is stirred up, but while I am coming, another steps down before me.” ⁸ Jesus *said to him, “Get up, pick up your pallet and walk.” ⁹ Immediately the man became well, and picked up his pallet and began to walk.*

Now it was the Sabbath on that day. ¹⁰ So the Jews were saying to the man who was cured, “It is the Sabbath, and it is not permissible for you to carry your pallet.”

A. Observations regarding change from John 5.

1. Our _____ sometimes keeps us from getting better.
2. There are lots of people who _____.
3. God sometimes uses _____ to help us.
4. In order to receive help you must put yourself in _____.
5. _____ have the potential to paralyze us.
6. Having a _____ for our problems does not change the situation.
7. Getting healthy may _____ from our friends.

B. Four steps that are necessary for getting better.

- 1st, identify _____.
- 2nd, identify what _____.
- 3rd, write down your _____.
- 4th, commit your actions to God and _____.