

April 22, 2018 SERMON NOTES
SERIES: Restoring Your Spiritual Passion
Reducing the Pressure (Part 1)
Matthew 11:28-30

I. Step 1: The first step is COME TO CHRIST.

²⁸ “Come to Me, all who are weary and heavy-laden, and I will give you rest. ²⁹ Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For My yoke is easy and My burden is light.”

A. _____, that’s it.

B. Jesus promised rest for the _____.

C. Jesus promised _____ that comes from Him.

D. God tells us to _____ on Him.

E. What does waiting on God look like?

1. Find a _____ and wait.

2. Spend time _____ with Him.

II. Step 2: Give up control.

A. Trying to control too many things only _____.

B. Jesus calls us to _____ with Him.